
Edinburgh Nightline

0131 557 4444
www.ednightline.com

Edinburgh Nightline is a confidential support and information service, run by students, for students. We are anonymous, we don't judge, and we're here to listen. You can talk to us about anything. We're open every night of term from 8pm to 8am. For more specific resources, see the database on our website.

The Advice Place

0131 650 9225
advice@eusa.ed.ac.uk

If you have questions and you don't know where to begin, get in contact with the Advice Place. They have a lot of useful information on their website, so follow the link:

https://www.eusa.ed.ac.uk/support_and_advice/the_advice_place/. From academics to mental health and wellbeing, they have all sorts of information.

If you can't find what you're looking for, reach out and they can help signpost you to someone who can help. They're available for drop-ins in Potterrow.

*Institute for Academic
Development and the
Student Disability Service*

The IAD has numerous resources on their website to help you get through your studies: <https://www.ed.ac.uk/institute-academic-development>.

If you have disability, learning difficulty or health condition that may impact on your studies, you can make contact with the Student Disability Service, to discuss your support needs. <https://www.ed.ac.uk/student-disability-service/students>. They are located on the 3rd floor of the Main Library in George Square.

Counselling Service

The Counselling Service offers short-term counselling, in person or via email, as well as other brief therapies. In order to get an appointment, follow this link to fill out the self-referral form: <https://www.ed.ac.uk/student-counselling/services/one-to-one-therapy/self-referral-form>. Note that the service does experience delays, and it may take up to four weeks to get an appointment.